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JANUARY 2021

Burns Science and Technology Charter School
9th-10th Grade

PAID STUDENT LUNCH: \$3.00
REDUCED STUDENT LUNCH \$0.40
ADULTS & GUESTS \$3.50

Monday

Tuesday

Wednesday

Thursday

Friday

2021

1

**NO SCHOOL
WINTER BREAK**

4

**NO SCHOOL
WINTER BREAK**

5

Chicken Burrito

PBJ Sandwich w/Cheese Stick
Salad w/Diced Ham & Cheese w/WG
Roll & Croutons
Sides: **Carrot Sticks**, **Seasoned Corn**
& Assorted Fruit

The "Big Mac" Flatbread

PBJ Sandwich w/Cheese Stick
Salad w/Popcorn Chicken & Cheese
w/WG Roll & Croutons
Sides: **Cucumber Slices w/Dip**,
Parmesan Broccoli & **Cauliflower**
& Assorted Fruit

7

Grilled Chicken Sandwich (side Buffalo Sauce)

PBJ Sandwich w/Cheese Stick
Salad w/Diced Ham & Cheese w/WG
Roll & Croutons
Sides: **Sweet Potatoes**, **Vegetarian**
Baked Beans & Assorted Fruit

8

Pizza Dunker w/Marinara Cheese or Pepperoni

PBJ Sandwich w/Cheese Stick
Salad w/Diced Chicken & Cheese
w/WG Roll & Goldfish
Sides: **Garden Side Salad**, **Zucchini**
Parmesan & Assorted Fruit

11

Baked Potato w/Broccoli & Cheese & WG Biscuit

PBJ Sandwich w/Cheese Stick
Vegetarian Salad & Cheese w/WG
Roll & Croutons
Sides:
& Assorted Fruit

12

Taco Salad Bento Box w/Ground Beef

PBJ Sandwich w/Cheese Stick
Salad w/Diced Ham & Cheese w/WG
Roll & Croutons
Sides: **Red/Orange Pepper Sticks**,
Seasoned Black Beans & Assorted
Fruit

13

Sweet & Sour Chicken Nuggets

PBJ Sandwich w/Cheese Stick
Salad w/Popcorn Chicken & Cheese
w/WG Roll & Croutons
Sides: **Green Peas**, **Vegetables**
w/Sesame Dip & Assorted Fruit

14

BBQ Steak Sandwich

PBJ Sandwich w/Cheese Stick
Salad w/Diced Ham & Cheese w/WG
Roll & Croutons
Sides: **Cheesy Cauliflower**, **Spinach**
& Assorted Fruit

15

Deep Dish Pizza Cheese or Pepperoni

PBJ Sandwich w/Cheese Stick
Salad w/Diced Chicken & Cheese
w/WG Roll & Goldfish
Sides: **Caesar Salad**, **Spaghetti**
Squash Bake & Assorted Fruit

18

**NO SCHOOL
Martin Luther King's
Birthday**

19

Buffalo Chicken Dip w/Tortilla Chips

PBJ Sandwich w/Cheese Stick
Salad w/Diced Ham & Cheese w/WG
Roll & Croutons
Sides: **Garden Side Salad**, **Cheesy**
Refried Beans & Assorted Fruit

20

Pizzaburger on WG Roll

PBJ Sandwich w/Cheese Stick
Salad w/Popcorn Chicken & Cheese
w/WG Roll & Croutons
Sides: **Grape Tomatoes**, **Brussels**
Sprouts & Assorted Fruit

21

Chicken in a Waffle Cone w/WG Biscuit

PBJ Sandwich w/Cheese Stick
Salad w/Diced Ham & Cheese w/WG
Roll & Croutons
Sides: **French Fries**, **Carrot Souffle'** &
Assorted Fruit

22

French Bread Pizza Cheese or Pepperoni

PBJ Sandwich w/Cheese Stick
Salad w/Diced Chicken & Cheese
w/WG Roll & Goldfish
Sides: **Pasta Salad**, **Roasted Broccoli**
& Assorted Fruit

25

**NO SCHOOL
TEACHER DUTY DAY**

26

Nachos w/Ground Beef

PBJ Sandwich w/Cheese Stick
Salad w/Diced Ham & Cheese w/WG
Roll & Croutons
Sides: **Plantains**, **Chili Roasted**
Sweet Potatoes
& Assorted Fruit

27

Turkey Meatloaf w/WG Biscuit

PBJ Sandwich w/Cheese Stick
Salad w/Popcorn Chicken & Cheese
w/WG Roll & Croutons
Sides: **Mashed Potatoes w/Gravy**,
Green Beans

28

Pasta w/Meat Sauce w/ Breadstick

PBJ Sandwich w/Cheese Stick
Salad w/Diced Ham & Cheese w/WG
Roll & Croutons
Sides: **Delicata Squash**, **Roasted**
Ranch Garbanzos & Assorted Fruit

29

Sausage or Cheese Pizza

PBJ Sandwich w/Cheese Stick
Salad w/Diced Chicken & Cheese
w/WG Roll & Goldfish
Sides: **Chicken Caesar Salad**,
Calabacitas con Elote
Assorted Fruit