



LUNCH

# NOVEMBER 2020

## Burns Science and Technology Charter School K-8<sup>th</sup> Grade

PAID STUDENT LUNCH: \$3.00  
REDUCED STUDENT LUNCH \$0.40  
ADULTS & GUESTS \$3.50

PAY ONLINE:

<https://family.wordwareinc.com>

### Monday

#### (V) Baked Chili Mac 2 w/Tortilla Chips

PBJ Sandwich w/Cheese Stick  
Vegetarian Salad & Cheese w/WG  
Roll & Croutons

Sides: Cumin Roasted Broccoli,  
Carrot Sticks w/Dip & Assorted Fruit

### Tuesday

NO SCHOOL

TEACHER DUTY DAY

### Wednesday

#### Baked Potato Bar w/WG Roll 4 (sausage, ham or cheesy broccoli)

PBJ Sandwich w/Cheese Stick  
Salad w/Popcorn Chicken & Cheese  
w/WG Roll & Croutons

Sides: Baked Beans, Green Beans  
& Assorted Fruit

### Thursday

#### Crispy Baked Chicken 5 w/ WG Biscuit

PBJ Sandwich w/Cheese Stick  
Salad w/Diced Ham & Cheese w/WG  
Roll & Croutons

Sides: Buffalo Baked Cauliflower,  
Oven Fries & Assorted Fruit

### Friday

#### Deep Dish Pizza 6 Cheese or Pepperoni

PBJ Sandwich w/Cheese Stick  
Salad w/Diced Chicken & Cheese  
w/WG Roll & Goldfish

Sides: Spaghetti Squash Bake,  
Caesar Salad & Assorted Fruit

#### (V) Cheese Calzone 9 w/Marinara

PBJ Sandwich w/Cheese Stick  
Vegetarian Salad & Cheese w/WG  
Roll & Croutons

Sides: Sautéed Spinach, Celery  
Sticks w/Dip & Assorted Fruit

#### Beef and Cheese Tacos 10

PBJ Sandwich w/Cheese Stick  
Salad w/Diced Ham & Cheese w/WG  
Roll & Croutons

Sides: Red Bell Pepper Sticks,  
Seasoned Black Beans & Assorted  
Fruit

NO SCHOOL

VETERAN'S DAY

#### Chicken Pot Pie 12 w/WG Roll

PBJ Sandwich w/Cheese Stick  
Salad w/Diced Ham & Cheese w/WG  
Roll & Croutons

Sides: Cherry Tomatoes, Seasoned  
Corn & Assorted Fruit

#### Pizza Dunker 13 Cheese or Pepperoni w/Marinara

PBJ Sandwich w/Cheese Stick  
Salad w/Diced Chicken & Cheese  
w/WG Roll & Goldfish

Sides: Garden Salad, Roasted  
Zucchini Squash & Assorted Fruit

#### (V) Mac-n-Cheese 16 w/WG Roll

PBJ Sandwich w/Cheese Stick  
Vegetarian Salad & Cheese  
w/WG Roll & Croutons

Sides: Roasted Broccoli, Veggie Cup  
& Assorted Fruit

#### Chicken Burrito 17 w/ Cilantro Lime Rice

PBJ Sandwich w/Cheese Stick  
Salad w/Diced Ham & Cheese w/WG  
Roll & Croutons

Sides: Roasted Plantains, Black  
Bean & Corn Salad & Assorted Fruit

#### Hearty Beef Stew w/WG 18 Biscuit

PBJ Sandwich w/Cheese Stick  
Salad w/Popcorn Chicken & Cheese  
w/WG Roll & Croutons

Sides: Carrot Souffle', Lima Beans &  
Assorted Fruit

#### Herbed Turkey 19 w/Cornbread

PBJ Sandwich w/Cheese Stick  
Salad w/Diced Ham & Cheese w/WG  
Roll & Croutons

Sides: Green Beans, Roasted Sweet  
Potato & Assorted Fruit

#### French Bread Pizza 20 Cheese or Pepperoni

PBJ Sandwich w/Cheese Stick  
Salad w/Diced Chicken & Cheese  
w/WG Roll & Goldfish

Sides: Olives, Side Chicken Caesar  
Salad & Assorted Fruit

THANKSGIVING HOLIDAY

NO SCHOOL

THANKSGIVING HOLIDAY

NO SCHOOL

THANKSGIVING HOLIDAY

NO SCHOOL

THANKSGIVING HOLIDAY

NO SCHOOL

THANKSGIVING HOLIDAY

NO SCHOOL

#### (V) Toasted Cheese Sandwich 20

PBJ Sandwich w/Cheese Stick  
Vegetarian Salad & Cheese w/WG  
Roll & Croutons

Sides: Tomato Soup, Tater Tots  
& Assorted Fruit

