BREAKFAST

Prices: Students $1.50, Reduced $0.30
Adults and Guests $2.75

OCTOBER 2019

Burns Science and Technology Charter School
K-9 Grade

Available Daily: 4 food components. Students must choose 3, including fruit. 1% White or Fat Free Chocolate milk available

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Cereal & Toast 2 Toast **Scrambled Egg & Cheese Burrito w/Salsa & Toast** Assorted Fruit 100% Juice	2 Cereal & Toast 2 Toast **Fresh Fruit & Yogurt Parfait w/Granola** Assorted Fruit 100% Juice	3 Cereal & Toast 2 Toast **Bagel w/Cream Cheese** Assorted Fruit 100% Juice	4 Cereal & Toast 2 Toast **Cinnamon Roll** Assorted Fruit 100% Juice
7 Cereal & Toast 2 Toast **Breakfast Potato Boat w/Biscuit** Assorted Fruit 100% Juice	8 Cereal & Toast 2 Toast **Banana Bread Loaf** Assorted Fruit 100% Juice	9 Cereal & Toast 2 Toast **Peach Crisp Overnight Oats** Assorted Fruit 100% Juice	10 Cereal & Toast 2 Toast **Sausage Biscuit** Assorted Fruit 100% Juice	11 Cereal & Toast 2 Toast **Mini Waffles** Assorted Fruit 100% Juice
14 TEACHER DUTY DAY	15 Cereal & Toast 2 Toast **Breakfast Bowl: Sausage, Hash brown, Biscuit & Eggs** Assorted Fruit 100% Juice	16 Cereal & Toast 2 Toast **Pear Berry Frappe'& Granola** Assorted Fruit 100% Juice	17 Cereal & Toast 2 Toast **Biscuit & Gravy** Assorted Fruit 100% Juice	18 Cereal & Toast 2 Toast **Cinnamon Roll** Assorted Fruit 100% Juice
21 Cereal & Toast 2 Toast **Mini Pancakes** Assorted Fruit 100% Juice	22 Cereal & Toast 2 Toast **Biscuit with Chicken** Assorted Fruit 100% Juice	23 Cereal & Toast 2 Toast **Pumpkin Pie Parfait w/Granola** Assorted Fruit 100% Juice	24 Cereal & Toast 2 Toast **Egg & Cheese Bagel** Assorted Fruit 100% Juice	25 Cereal & Toast 2 Toast **Mini Waffles** Assorted Fruit 100% Juice
28 Cereal & Toast 2 Toast **Saucy Egg Pops w/Toast** Assorted Fruit 100% Juice	29 Cereal & Toast 2 Toast **Pumpkin Pancakes** Assorted Fruit 100% Juice	30 Cereal & Toast 2 Toast **Candy Corn Fruit Parfait w/Granola** Assorted Fruit 100% Juice	31 Cereal & Toast 2 Toast **"Monster" Breakfast Sandwich** Assorted Fruit 100% Juice	

This institution is an equal opportunity provider